

# AMERICAN ACADEMY OF CHILD & ADOLESCENT PSYCHIATRY

W W W . A A C A P . O R G

## **CHILD AND ADOLESCENT PSYCHIATRY (CAP) MENTOR SEARCH INFORMATION**

Need assistance finding a mentor? Consider the suggestions shared below.

### **MENTOR SEARCH TOOLS**

- AACAP Honors Books lists the recipients for all AACAP awards online, as far back as 2004 to current. View the name of the awardee, project titles and the names of the mentors at [https://www.aacap.org/aacap/Awards/Honors\\_Books.aspx](https://www.aacap.org/aacap/Awards/Honors_Books.aspx) .
- Use the *Annual Meeting Scientific Proceedings* available on the AACAP Research webpage (click [here](#)) to complete a search based on practice area(s) of interest.
- View mentors from the previous Annual Meeting mentorship events via the hyperlinked flyers available under the signature the *Annual Meeting Mentorship* section on the [AACAP Engagement Pathways](#) webpage (click [here](#)).
- Search the (AACAP member login required) [member directory](#) to connect with a CAP member in a location of interest.
- The list of regional CAP (ROCAP) organizations can be found on the AACAP site at: [http://www.aacap.org/aacap/Regional\\_Organizations/Home.aspx](http://www.aacap.org/aacap/Regional_Organizations/Home.aspx)  
AACAP staff can provide the contact information for the President of the regional CAP council of interest, whom you may contact for recommendations.
- [Educational Resources](#)

Identify AACAP members featured in the [archived virtual programming and online toolkits](#) provided on the AACAP website. Examples include:

- [NextGen CAPs Excellence Through Mentorship Video Series](#) - Get diverse perspectives on training and career journeys in CAP from members of differing backgrounds and career levels!
- [How to Do CAP Research Workshop Series: A DEI Initiative](#) – Learn about research pathways from researchers in the AACAP community.
- The curated [Residency and Fellowship Match/Recruitment Resources](#) which include academic CAP leaders providing guidance on applying for [residency](#) and [CAP fellowships](#).
- If you are seeking peer mentorship, consider participating in activities offered through the [AACAP Committee on Medical Students and Residents \(MSRs\)](#). The monthly governance meetings, which are open to all AACAP trainee members, generally take place **every 2nd Monday** @ 8PM ET/ 7PM CT/ 6PM MT/ 5PM PT (US and Canada). Sessions include a moment of wellness, and/or a member or resource highlight, as well as quarterly breakout groups for topics of interest e.g. mentorship, advocacy, self-compassion/wellness.

## CONTACT AACAP COMPONENT LEADERS

The AACAP community includes more than [70 committees](#), of which more than [50 are key specialty focused areas](#) within the field. Moreover, the Caucuses (5), AACAP Alliance for Learning and Innovation (AALI) and the Advocacy Liaison Network are examples of affinity-based cohorts to explore where members discuss challenges and tools to effectively provide healthcare in workplaces and communities, as well as work on programming, advocacy activities, and publications to highlight topics of shared interest within the cohorts.

The hyperlinked 2024 table of AACAP groups provides examples of the various groups. An updated list will be shared with the trainees during the January meeting and updated online shortly.

[\*\*List of AACAP Components which includes the Committee Chairs and Staff Liaison Information.\*\*](#)

These AACAP groups provide opportunities for members with expertise or an interest in a respective component to network with other members, as well as participate in initiatives specific to component, and help advance the field of child and adolescent psychiatry. Committee information can be found on the AACAP site on the Committees (member login required) webpage shared [here](#).

While there are limited official committee appointments for these AACAP components i.e. committees or groups of interest, AACAP trainee members may email the AACAP staff liaison listed to inquire about the feasibility of joining the contact list, sitting in on meetings, and to request contact information for the co-chairs leading a specialty focused committee, for which you might have a project interest, or to contact for recommendations.

## PARTNER ORGANIZATIONS

[\*\*Accreditation Council for Graduate Medical Education \(ACGME\): CAP Fellowship Information\*\*](#)

ACGME's "Institution and Program Finder" section may be used to identify leadership and trainee programs in child and adolescent psychiatry and other medical specialties. The email contact information for program directors in the location of interest can be found (by selecting the *child and adolescent psychiatry* specialty) [here](#). Summary information about the program sites by specialty and state can be found [here](#). You may contact the program director or program staff via email for inquiries.

[\*\*American Academy of Addiction Psychiatry \(AAAP\)\*\*](#)

AAAP also offers FREE Membership for Medical Students; useful if you are interested in substance use disorders or applying for the *AACAP Jeanne Spurlock, MD, Research Fellowship in Substance Use Disorders for Minority Medical Students*. A list of programs may also be identified via ACGME.

Click [here](#) for examples of other partner organizations to explore.

## WORD OF MOUTH

Word of mouth and connections make a difference. If you have an individual in mind, please share the name as there might be an AACAP member or staff person who can facilitate an introduction that could lead to a mentorship possibility.

## CUSTOMIZE SAMPLE LETTER OF INQUIRY (FOR MENTOR SEARCH)

The sample letter below may be customized to submit your inquiries for a mentor. Include a few sentences about your research interest given the award guidelines and include a copy of your CV for the individuals whom you contact to review.

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### **SAMPLE TEMPLATE TO REQUEST A MENTOR**

Dear Dr. [Surname],

My name is [Your Name], I am a [first/second/ third] year medical student at [Institution Name]. I'm writing because I am interested in applying for the [Fellowship Name], which is offered through AACAP. This award offers 8-12 weeks of experiential learning and exposure to the specialty, completing a project under the supervision of an eligible mentor, and provides a stipend as well as travel funds for required attendance to the AACAP Annual Meeting. I am looking for a psychiatrist in or near the [prospective location name] to serve as my mentor on a research project that will focus on [ add information about your research or clinical interest specific to the award guidelines]. I am wondering if you [would be willing to serve as my mentor / can assist with identifying possible mentors]? The mentor for this Fellowship must be willing to work with me for approximately 12 consecutive weeks (60 working days at 8 hours per day) over the summer, on a research project. More information about the research fellowship can be found [here](#). Any recommendations of individuals who may be willing to serve in this capacity would be greatly appreciated.

I have attached a copy of my CV for your review. If you are able to assist or have further questions, please contact me.

Thank you for your time and I look forward to hearing from you.

Sincerely

[Your Name]

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## QUESTIONS

Email AACAP's Research, Grants and Workforce Department (email: [training@aacap.org](mailto:training@aacap.org) / phone: 202.587.9663).