



2021

# AACAP HONORS

AMERICAN ACADEMY OF  
CHILD & ADOLESCENT  
PSYCHIATRY

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# AMERICAN ACADEMY OF CHILD & ADOLESCENT PSYCHIATRY

W W W . A A C A P . O R G

## **Mission**

*The Mission of AACAP is to promote the healthy development of children, adolescents, and families through advocacy, education, and research, and to meet the professional needs of child and adolescent psychiatrists throughout their careers.*



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# AMERICAN ACADEMY OF CHILD & ADOLESCENT PSYCHIATRY

W W W . A A C A P . O R G

## AACAP Catchers in the Rye Awards

*I keep picturing all these little kids playing some game in this big field of rye and all. Thousands of little kids, and nobody around—nobody big, I mean—except me. And I'm standing on the edge of some crazy cliff. What I have to do, I have to catch everybody if they start to go over the cliff.*

*J.D. Salinger, The Catcher in the Rye*

The American Academy of Child and Adolescent Psychiatry (AACAP) is honored to present its most prestigious awards, the AACAP Catchers in the Rye Awards, to our 2021 award recipients.





## AACAP Catchers in the Rye Humanitarian Award

### Mrs. Hillary Rodham Clinton, JD

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Mrs. Clinton receives her award during the Karl Menninger, MD, Plenary on Monday, October 25 from 11:00 am–12:30 pm EDT.

*The AACAP Catchers in the Rye Humanitarian Award is awarded by the AACAP Executive Committee. It was established in 1990 to honor those who have made a sustained and significant contribution to pediatric mental health through activities such as advocacy, education, entrepreneurship, philanthropy, research, and/or acts of bravery/kindness. AACAP is honored to present the 2021 Catchers in the Rye Humanitarian Award to Mrs. Hillary Rodham Clinton, JD.*

Mrs. Hillary Rodham Clinton has served as secretary of state, senator from New York, first lady of the United States, first lady of Arkansas, a practicing lawyer and law professor, activist, and volunteer. Mrs. Clinton's mother, Dorothy, had a tough childhood. She was abandoned by her parents as a young child and shipped off to live with relatives who didn't want to raise her. By age 14, Dorothy knew the only way she'd get by was to support herself, and she started working as a housekeeper and babysitter while she went to high school. Her mother's experience inspired Mrs. Clinton to fight for the needs of children everywhere.

After attending Wellesley College, Mrs. Clinton enrolled in Yale Law School, where she was one of just 27 women in her graduating class. After law school, Mrs. Clinton didn't join a big law firm in Washington or New York. Instead, she went to work for the Children's Defense Fund, going door-to-door in New Bedford, Massachusetts, gathering stories about the lack of schooling for children with disabilities. These testimonials contributed to the passage of historic legislation that required the state to provide quality education for students with disabilities. This commitment to public service and fighting for others—especially children and families—has stayed with her throughout her life. She co-founded Arkansas Advocates for Children and Families, one of the state's first child advocacy groups. As first lady of the United States, she worked with Republicans and Democrats to help create the successful Children's Health Insurance Program, which provides health coverage to more than 8 million children and has helped cut the uninsured rate for children in half.

Mrs. Clinton ran for president in 2016, championing her belief that Americans are stronger together. Over the years, she has strongly supported the enactment of mental health parity laws, which have helped ensure that millions of Americans with mental illness do not lose access to the services that they need because of financial restrictions or arbitrary treatment limits.



## AACAP Assembly Catchers in the Rye Award to an Individual

### David Fassler, MD

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Dr. Fassler receives his award during the Assembly of Regional Organizations on Saturday, October 16 from 12:00 pm–3:30 pm EDT.

*The AACAP Assembly Catchers in the Rye Award to an Individual was established in 1996 to recognize an individual for his or her outstanding advocacy efforts on behalf of children and adolescents. AACAP is honored to present David Fassler, MD with the 2021 Assembly Catchers in the Rye Award to an Individual.*

David Fassler, MD is a child and adolescent psychiatrist practicing in Burlington, Vermont. A graduate of Yale University School of Medicine, he completed his training in adult psychiatry at the University of Vermont, and in child psychiatry at Cambridge Hospital. He is the clinical director of Otter Creek Associates, a multidisciplinary practice providing comprehensive mental health and substance abuse treatment services. Dr. Fassler is also a clinical professor of psychiatry at the Larner College of Medicine at the University of Vermont and the director of advocacy and public policy at the Vermont Center for Children, Youth & Families.

Dr. Fassler has served AACAP in many ways as an outstanding advocate, mentor, and leader. Dr. Fassler has demonstrated his advocacy skills through numerous leadership positions at AACAP including AACAP Treasurer, Chair of the Assembly of Regional Organizations, Council member, Assembly delegate, co-chair of the Children and the Law Committee, and member of the Consumer Issues Committee. Dr. Fassler is a leader in organized medicine and has worked on advocacy initiatives since medical school. He has been central to AACAP's delegation to the American Medical Association (AMA). He served as AACAP's Delegate from 1997–2008 and 2018–2020. He also served as AACAP's Alternate Delegate from 1990–1996 and 2008–2018. His advocacy and collaborative leadership style have been invaluable in supporting issues of importance to children and families and the field of child psychiatry.

*I've been fortunate to have great friends and mentors at the Academy. In particular, I'd like to thank and acknowledge Ginger Anthony who welcomed me as a medical student, Mary Crosby and Kristin Kroeger who taught me about advocacy, and my longtime fellow AMA delegates, Larry Stone, Louis Kraus, and Bud Vana.*

*Thank you to the Assembly and the Academy for this great honor.*





## AACAP Assembly Catchers in the Rye Award to an AACAP Component Committee on Quality Issues

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*The AACAP Assembly Catchers in the Rye Award to a Component was established in 1996 to recognize an AACAP committee for their outstanding efforts on behalf of children and adolescents. This year's award recognizes the Committee on Quality Issues chaired by Heather J. Walter, MD, MPH and Oscar G. Bukstein, MD, MPH.*

Since 1988, AACAP has entrusted its Committee on Quality Issues (CQI) with the development of clinical guidelines for the practice of child and adolescent psychiatry.

The first guidelines, known as *Practice Parameters*, were authored by AACAP topic experts and the CQI. Between 1991 and 2020, 54 Parameters were published in *JAACAP*, evolving from mere outlines to comprehensive reviews. The Parameters have been highly cited in the medical literature, and the great majority of surveyed AACAP members responded that they regularly used the Parameters to enhance the quality of their clinical practice.

In 2016, the CQI began a transformation of the Practice Parameters into two new types of guidelines—*Clinical Updates and Clinical Practice Guidelines*. *Clinical Updates*, authored by a host of other AACAP committees and the CQI, address the psychiatric management of specific populations of youth and the application to youth of specific psychiatric techniques. The first Update (on Telepsychiatry) was published in 2017; additional Updates are in development.

*Clinical Practice Guidelines*, authored by the CQI, address the assessment and treatment of specific psychiatric disorders in accordance with “trustworthy” rigor and transparency standards promulgated by the Institute of Medicine (IOM). The first Guideline (on Anxiety) was published in *JAACAP* in 2020; additional Guidelines are in development.

The CQI believes strongly in providing AACAP members with impartial, critically appraised clinical guidance. In so doing, the CQI hopes that it can play a role in enhancing the quality of the psychiatric care of children and adolescents everywhere.

*The CQI is honored and humbled to receive this award, and we accept it gratefully on behalf of all current and past CQI chairs, co-chairs, and members, as well as all topic experts and other AACAP members who contributed to authorship and review. The CQI also is deeply grateful to AACAP leadership for their steadfast support.*

The Committee on Quality Issues receives its award during the Assembly of Regional Organizations on Saturday, October 16 from 12:00 pm–3:30 pm EDT.

### Members of the Committee on Quality Issues



Heather J. Walter, MD, MPH  
Co-Chair



Oscar G. Bukstein, MD, MPH  
Co-Chair

A. Reese Abright, MD  
Timothy Becker, MD  
John M. Diamond, MD  
Laurence Greenhill, MD  
Munya Hayek, MD  
Helene Keable, MD  
Ujjwal Ramtekkar, MD,  
MPE, MBA  
Jane Ripperger-Suhler, MD  
Carol Rockhill, MD, PhD, MPH  
Roma Vasa, MD  
Karen Ferguson (AACAP Liaison)



## AACAP Virginia Q. Anthony Outstanding Woman Leader Award

### Manpreet K. Singh, MD, MS

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Dr. Singh receives her award during the Karl Menninger, MD, Plenary on Monday, October 25 from 11:00 am–12:30 pm.

*The AACAP Virginia Q. Anthony Outstanding Woman Leader Award is awarded by AACAP's President. It was established in 2013 to celebrate the lifetime achievements of extraordinary women in the field of child and adolescent psychiatry. As its namesake envisioned, the award is for women who have applied their talent, medical skills, and leadership to dramatically improve the wellbeing of children with mental illness. AACAP is honored to present the 2021 AACAP Virginia Q. Anthony Outstanding Woman Leader Award to Manpreet K. Singh, MD, MS.*

Manpreet K. Singh, MD, MS, is associate professor of psychiatry and behavioral sciences at Stanford University and leads Stanford's Pediatric Mood Disorders Program and Pediatric Emotion and Resilience Lab. She completed Triple Board training at Cincinnati Children's Hospital Medical Center, where being chief resident was her first pivotal leadership role. Dr. Singh has since edited the inaugural *Clinical Handbook for the Diagnosis and Treatment of Pediatric Mood Disorder* and has authored more than 150 manuscripts in peer-reviewed journals, abstracts, and chapters. She is invited to speak internationally on topics ranging from health equity, professionalism, to translational psychiatry. She currently leads multiple NIH and industry sponsored collaborative studies aimed to investigate the origins and pathways for developing mood disorders and to discover novel methods to protect and preserve function. Nationally, she co-chairs AACAP's Research Committee and Taskforce on Clinical Essentials, and has served on AACAP's Presidential Taskforce, the editorial board for *JAACAP*, and on the Executive Advisory Committee for the AACAP-NIDA K12 Mentored Clinical Scientist Development Program. She leads the Stanford site for the National Network of Depression Centers' Child and Adolescent Mood Disorders Interest Group, has served on the *DSM-5* Text Revision Committee, and on Council for the Society for Biological Psychiatry (SOBP), founding SOBP's Ambassador Program, an initiative seeking to diversify the field through innovation and social belonging. Her leadership principles are rooted in the core value of working collaboratively to meet patient unmet needs, focusing on early diagnosis, phenomenology, and novel treatments of major mood disorders.

*"If you want to go fast, go alone. If you want to go far, go together." (African Proverb)*

*I am deeply humbled to receive this remarkable honor from AACAP. It is because of the exceptional modeling and paths forged by those who have preceded me that I have any benchmark for what kind of leadership our field values to make meaningful progress. I stand on the shoulders of these giants and am ever grateful for their inspiration. Ginger, I hope I can do your vision justice and keep your legacy shining bright. Thank you all for this special recognition, which I hold dear to my heart.*



## AACAP Sidney Berman, MD, Award for the School-Based Study and Treatment of Learning Disorders and Mental Illness

Deborah Marcia Weisbrot, MD

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*The AACAP Sidney Berman, MD, Award for the School-Based Study and Treatment of Learning Disorders and Mental Illness acknowledges outstanding leadership in the public education and treatment of learning disabilities. Albert Abramson, president of the Abramson Family Foundation, established this award in 1996 as a tribute to founding member and AACAP Past President (1969–71) Sidney Berman, MD.*

Deborah Marcia Weisbrot, MD, is a clinical professor of psychiatry at Stony Brook University Renaissance School of Medicine and a consulting child and adolescent psychiatrist for Western Suffolk BOCES on Long Island. Dr. Weisbrot completed her psychiatric residency at Yale University and her child and adolescent psychiatry fellowship at Cornell University. She is an AACAP Distinguished Fellow. Dr. Weisbrot's scholarly work focuses on threat assessment in children and adolescents as well as psychiatric aspects of neurological conditions. She is the author of papers on threat assessment in youth, psychiatric comorbidities of pediatric multiple sclerosis and epilepsy, the co-editor of the neuropsychiatry texts *Neurologic Differential Diagnosis* Cambridge University Press 2014, and *Synopsis of Neurologic and Psychiatric Complications of Systemic Disorders* Cambridge University Press 2019. She is also co-author of a patient advocacy text, *The Essential Patient Handbook* Demos 2004. She has been frequently cited on *New York Magazine's*, and *Long Island Newsday's* "Best Doctors" lists. She is actively involved in advocacy regarding school mental health and gun safety issues.



Dr. Weisbrot presents: ““Is the Next School Shooter Sitting Before Me?” Lessons Learned Over Two Decades of Psychiatric Threat Assessment” during Honors Presentation 4 on Tuesday, October 26 from 1:00 pm–1:50 pm EDT.

*I am moved and grateful to receive this special honor from the Academy. I am particularly appreciative of Dr. Gabrielle Carlson for her support and encouragement over many years, which has made my clinical and research work possible. The opportunity I have been given to consult in schools has been an extraordinary one, bringing home to me the critical role that child psychiatrists play in school mental health. I am especially thankful to the amazing staff and students of the Western Suffolk BOCES schools that I have been so fortunate to collaborate with and learn from over the years.*

# Klingenstein Third Generation Foundation Award for Research in Depression or Suicide, supported by the Klingenstein Third Generation Foundation

David A. Brent, MD

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Dr. Brent presents “Brief Behavioral Therapy for Pediatric Anxiety and Depression in Primary Care: A Follow-up,” during Honors Presentation 1.1 on Monday, October 25 from 1:30 pm–4:00 pm EDT.

*The Klingenstein Third Generation Foundation Award for Research in Depression or Suicide recognizes the best paper published in the Journal of the American Academy of Child and Adolescent Psychiatry on depression and/or suicide, written by a child and adolescent psychiatrist, and published between July 2020 and June 2021. The award is supported by the Klingenstein Third Generation Foundation, which established this award in 1999.*

David A. Brent, MD, is academic chief, child and adolescent psychiatry at UPMC Western Psychiatric Hospital and holds an endowed chair in suicide studies at the University of Pittsburgh School of Medicine. He directs Services for Teens at Risk, a state-funded program for suicide prevention, education of professionals, and treatment of at-risk youth and their families.

Dr. Brent is a member of the National Academy of Medicine. He has been recognized for his research by the American Foundation for Suicide Prevention, the American Psychiatric Association, and the Brain and Behavior Foundation.

His work has focused on the identification of risk factors for adolescent depression and suicidal behavior, and on the translation of those findings into clinical interventions. He has helped to establish standards of care for the assessment and treatment of depressed and suicidal youth. His current work is focused on the use of brain imaging to gain insight into how suicidal individuals think about death and suicide, the use of adaptive screens, machine learning of electronic health records, and passive cell phone data to identify suicidal risk, the prevention of suicidal behavior in youth who have been recently discharged from psychiatric hospital, and on the use of technology to improve the ability of pediatric primary care practitioners to detect, triage, and manage depressed and suicidal youth.

*The Lubavitcher Rebbe said, “If you see a problem in the world that needs to be repaired, and you have the means to repair it, then you were created for that purpose.” I would like to thank my colleagues and the participating families who made this work possible. I have had the privilege of serving on the Scientific Board of the Klingenstein Third Generation Foundation and therefore know first-hand of the commitment, vision, and generosity of the Klingenstein family. Therefore, I would like to thank the family members of this Foundation for their partnership in trying to achieve this repair.*



## AACAP Elaine Schlosser Lewis Award for Research on Attention-Deficit Disorder

James G. Waxmonsky, MD

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*The AACAP Elaine Schlosser Lewis Award for Research on Attention-Deficit Disorder is given annually for the best paper published in the Journal of the American Academy of Child and Adolescent Psychiatry, written by a child and adolescent psychiatrist, and published between July 2020 and June 2021. The award was established in 1994 and is supported by the Elaine Schlosser Lewis Fund, a fund named in honor of the late mother of AACAP member Owen Lewis, MD, a special education teacher and child advocate.*

James G. Waxmonsky, MD, is the division chief of child adolescent psychiatry at the Hershey Medical Center, the university chair in child psychiatry at Penn State and a professor of psychiatry at the Penn State College of Medicine. He completed medical school and general psychiatry residency training at SUNY Buffalo and child fellowship at Massachusetts General Hospital. His primary mentors over his career have been William Pelham, PhD, Bruce Miller, MD, and Timothy Wilens, MD. Over the past 20 years, he has worked in academics, with a clinical, research, and teaching focus on ADHD. His research centers on the integration of medication and behavioral interventions targeting both children and their parents to improve the long-term efficacy and tolerability of ADHD treatments. He has a particular focus on the assessment and treatment of adverse emotional events with CNS stimulants as well as irritability in youth with ADHD and other behavioral disorders. He has published over 90 peer reviewed articles or book chapters. He served as a PI or CoI on over 40 different research trials with funding from NIH, industry, and private foundations. Presently he serves on the editorial boards for *JAACAP* and the *Journal of Child and Adolescent Psychopharmacology* as well being a member of the AACAP Presidential Task Force on Emotion Dysregulation in Children and Adolescents. He runs a clinical practice that provides assessment and treatment services for ADHD across the lifespan. He oversees the development and expansion of Pediatric Behavioral Health Integrated Care Programs at the Penn State Health and is a regional medical director for Pennsylvania's Child Psychiatry Access Program.



Dr. Waxmonsky presents “A Randomized Controlled Trial of Interventions for Growth Suppression in Children With Attention-Deficit/Hyperactivity Disorder Treated With Central Nervous System,” during Honors Presentation 1.2 on Monday, October 25 from 1:30 pm–4:00 pm EDT.

*I am so honored and humbled to have been nominated for this Award, and I accept it, of course, with immense gratitude.*

## AACAP Irving Philips, MD, Award for Prevention

### Sheila Marcus, MD

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Dr. Marcus presents  
“Prevention, The Magic  
of the Early Years” during  
Honors Presentation 2 on  
Tuesday, October 26 from  
11:00 am–11:50 am EDT.

*The Irving Philips, MD, Award recognizes a child and adolescent psychiatrist and AACAP member who has made significant contributions in a lifetime career or single seminal work to the prevention of mental illness in children and adolescents. The award is named after former AACAP President Irving Philips (1985–1987) who was renowned for his work in the field of prevention.*

Sheila Marcus, MD, is a clinical professor at the University of Michigan, section chief for child and adolescent psychiatry, co-director of the Infant and Early Childhood Clinic (IECC) and director of the MC3 program. Her areas of interest include intergenerational transmission of illness, maternal child attachment, and early risk factors for childhood psychiatric illness including presentation of autism in toddlers. Dr. Marcus is involved with children with complex illnesses including fetal alcohol spectrum disorders, posttraumatic stress disorder, and exposure to toxic stress including violence and poverty.

*I studied the work of Selma Fraiberg during my undergraduate years at the University of Michigan. Dr. Fraiberg is commonly seen as the mother of infant mental health. All that I have learned and taught, and much of my clinical work has been built on the shoulders of such great individuals. Understanding early childhood, and giving parents and children the tools that they need to build healthy and strong relationships has been one of the great pleasures of my career.*



## AACAP Norbert and Charlotte Rieger Award for Scientific Achievement

### Joan Luby, MD

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*The AACAP Norbert and Charlotte Rieger Award for Scientific Achievement recognizes the best paper published in the Journal of the American Academy of Child and Adolescent Psychiatry from July 2020 through June 2021. Established in 1988, the award is supported by the Norbert and Charlotte Rieger Foundation.*

Joan Luby, MD, is the Samuel and Mae S. Ludwig professor of psychiatry at the Washington University School of Medicine where she founded the Early Emotional Development Program. Dr. Luby specializes in infant/preschool psychiatry and her clinical and research program has focused on early childhood mood disorders and emotional development for over 30 years. Dr. Luby has conducted large scale empirical studies of preschool onset depression and provided data on the validity, clinical characteristics, longitudinal course, and brain developmental outcomes of early onset depression. With her colleague Deanna Barch, PhD, they have conducted 5 waves of neuroimaging over 17 years of development in a study sample enriched for preschool depression. This study has elucidated the impact of key psychosocial factors including maternal support and early life adversity on brain and behavioral development. Dr. Luby went to Brown University where she majored in “Poetry and Science” a perspective that continues to drive her research program today. Dr. Luby is interested in harnessing the powerful role of early childhood caregiver support and psychosocial advantage on optimizing brain and behavioral development. Related to this, the treatment that is the topic of the *JAACAP* paper focused on harnessing emotion development through the caregiver-child relationship for early intervention in depression.



Dr. Luby presents “The Differential Contribution of the Components of Parent-Child Interaction Therapy Emotion Development for Treatment of Preschool Depression” in Honors Presentation 1.3 on Monday, October 25 from 1:30 pm–4:00 pm EDT.

*For Warmth  
By Thich Nhat Hanh*

*I hold my face in my two hands.  
No, I am not crying.  
I hold my face in my two hands  
to keep the loneliness warm—  
two hands protecting,  
two hands nourishing,  
two hands preventing  
my soul from leaving me  
in anger.*



## AACAP Norbert and Charlotte Rieger Service Program Award for Excellence

Stewart Adelson, MD

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Dr. Adelson presents “Public Health + Human Rights = Health Justice: The Youth Equity Science (YES) Project for LGBT Youth” during Honors Presentation 3 on Tuesday, October 26 from 12:00 pm–12:50 pm EDT.

*The AACAP Norbert and Charlotte Rieger Service Program Award for Excellence recognizes innovative programs that address prevention, diagnosis, or treatment of mental illness in children and adolescents and serve as model programs to the community. Supported by the Norbert and Charlotte Rieger Foundation, the Award was established in 1996.*

Stewart Adelson, MD, is an adult, child, and adolescent psychiatrist at Cornell and Columbia and a senior visiting fellow at Yale Law School. He is founding director of the Youth Equity Science/ YES Project, a collaboration of legal, human rights, and public health experts to reduce mental health disparities among LGBT youth in the U.S. and internationally at Yale Law & Public Health Schools’ Global Health Justice Partnership. LGBT youth are at 2–4 fold increased risk of suicide in the United States. Biased laws and policies account for about 20% of the elevated risk. Examples include inequities in school climate, bullying, child welfare, and healthcare, as well as employment, housing, public accommodation, and hate crimes. Internationally, examples include curtailment of speech supportive of LGBT youth, imprisonment, torture, and capital punishment of LGBT people. YES applies public health principles to human rights needs to promote policies and laws that can reduce LGBT youth mental health disparities caused by such structural stigma. Dr. Adelson was a 2014–15 clinical research scholar at Harvard Medical School. He has served as medical director in public psychiatry-oriented clinical programs, and as lead author of AACAP’s Practice Parameter for LGBT youth. He is a member of the Group for Advancement of Psychiatry, the American College of Psychiatrists, and the LGBT Advisory Committee of Human Rights Watch.

*“To separate children from others . . . generates a feeling of inferiority as to their status in the community that may affect their hearts and minds in a way unlikely ever to be undone.”*

—Earl Warren, *Brown v. Board of Education*

*“None of us got where we are solely by pulling ourselves up by our bootstraps. We got here because somebody—a parent, a teacher, an Ivy League crony or a few nuns—bent down and helped us pick up our boots.”*

—Thurgood Marshall





## AACAP Jeanne Spurlock, MD, Lecture and Award on Diversity and Culture

Patrice A. Harris, MD, MA

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*The AACAP Jeanne Spurlock, MD, Lecture and Award on Diversity and Culture recognizes individuals who have made outstanding contributions to the recruitment of child and adolescent psychiatry from all cultures. This award was established in 2012 in honor of Jeanne Spurlock, MD, a giant in child and adolescent psychiatry and in advocacy for children, adolescents, and their families from all cultures.*

Patrice A. Harris, MD, MA, is the CEO and co-founder of eMed, a digital healthcare company. She is a board-certified psychiatrist from Atlanta and has diverse experience as a private practicing physician, county public health officer, patient advocate, and in policy, legislative, and government affairs. Dr. Harris was the 174th president of the American Medical Association and the first African American woman elected to that position. Dr. Harris is a visiting professor of psychiatry at the Columbia University Vagelos College of Physicians and Surgeons and the at-large medical editor in chief for Everydayhealth.com.

Dr. Harris has held positions of leadership with the American Psychiatric Association, the Georgia Psychiatric Physicians Association, the Medical Association of Georgia, and served as chair for The Big Cities Health Coalition. She has also served on the Boards of Georgia NAMI and the Mental Health Association of Georgia.

Dr. Harris led the AMA's efforts to end the opioid epidemic and served as chair of the AMA Opioid Task Force. Under her leadership, the Task Force worked across every state to eliminate barriers to treatment, provide patients with access to affordable, non-opioid pain care, and fight the stigma faced by those with substance use disorders.

Dr. Harris earned her BA, MA, and MD degrees from West Virginia University. She completed her psychiatry residency and fellowships in child and adolescent psychiatry and forensic psychiatry at the Emory University School of Medicine. She also served as the senior policy fellow at the Barton Child Law and Policy Center at the Emory University School of Law.

Two themes that govern Dr. Harris's professional life are a passion to improve the lives of children and service to others. A recognized expert in children's mental health and childhood trauma, Dr. Harris has led efforts on both local and national levels to integrate mental health into overall health care, eliminate health inequities, and address trauma, particularly childhood trauma. She has long been a mentor, a role model, and an advocate.



Dr. Harris presents “Leadership in Times of Crisis and Beyond” during Honors Presentation 1.4 on Monday, October 25 from 1:30 pm–4:00 pm EDT.



## AACAP George Tarjan, MD, Award for Contributions in Developmental Disabilities

Janet E. Lainhart, MD

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Dr. Lainhart presents  
“The Story of a 17-Year  
Longitudinal Clinical and  
Brain Imaging Study of Autism  
Spectrum Disorder from  
Childhood into Adulthood”  
during Honors Presentation  
1.5 on Monday, October 25  
from 1:30 pm–4:00 pm EDT.

*The AACAP George Tarjan, MD, Award for Contributions in Developmental Disabilities recognizes a child and adolescent psychiatrist and AACAP member who has made significant contributions in a lifetime career or single seminal work to the understanding or care in the field of intellectual and developmental disabilities. The award was established in 1993 in honor of former AACAP President George Tarjan, MD (1977–79), by his wife, Mrs. George Tarjan and friends.*

Janet E. Lainhart, MD, graduated from Wayne State University School of Medicine. She completed residencies in pediatrics and psychiatry and fellowships in adolescent medicine and child psychiatry at the Johns Hopkins Hospital. She joined the Hopkins faculty and became an investigator on Dr. Susan Folstein’s Baltimore Family Study of Autism, a collaborative study with Professor Michael Rutter, MD, which sought to measure the broader phenotype of autism and led to Dr. Lainhart’s discovery that macrocephaly in autism was not present at birth. After the Family Study ended, she moved to the University of Utah (UU) and earned a NIH Collaborative Programs of Excellence in Autism grant with her colleagues at the UU enabling her to launch her independent research career. In 2000, she began assembling an interdisciplinary team of research experts to work closely together to determine what was going on in the brain from childhood into adulthood in autism. Subsequent NIMH grants resulted in the longest duration, largest, longitudinal clinical, neuropsychological, and multimodal brain imaging study of autism to-date. She moved to the University of Wisconsin-Madison and Waisman Center in 2012. She has provided outpatient care for individuals with autism across the lifespan for 30 years.

*Dr. George Tarjan’s life story and accomplishments are so very inspiring ([ajp.psychiatryonline.org](http://ajp.psychiatryonline.org)). I am honored to receive this award that honors him. I thank the many people who directly inspired and supported me in my career: Drs. Catherine DeAngelis, James Harris, Paul McHugh, and Susan Folstein at Hopkins; my current Directors, Drs. Qiang Chang (Waisman Center), Ned Kalin (Psychiatry), and Ryan Herringa (Child & Adolescent Psychiatry) at the UW-Madison, and my research collaborators and team.*



## AACAP Simon Wile, MD, Leadership in Consultation Award

### David L. Kaye, MD

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*The AACAP Simon Wile, MD, Leadership in Consultation Award acknowledges outstanding leadership and continuous contributions in the field of consultation liaison child and adolescent psychiatry. The award is named after Simon Wile, MD, a renowned pediatrician and lifelong supporter of child and adolescent psychiatry, and it was established in 2003 with a donation from the Massachusetts General Hospital.*

David L. Kaye, MD, is currently professor of psychiatry at the University at Buffalo (UB) where he has been on the faculty since 1982. He completed medical school at the University of Vermont and residency and child fellowship at University of Wisconsin (Madison) where he was mentored in systems and family psychiatry by Carl Whitaker MD, and David Keith MD.

Dr. Kaye established the residency training program in child/adolescent psychiatry at UB in 1991, and remained the director of training until 2014. He is the first author of one of the first books for PCPs, *Child and Adolescent Mental Health* (Lippincott Williams and Wilkins 2002). From 2006–10 he led the Tower Foundation grant funded Rapid Pediatric Psychiatry Consultation program, in which over 500 patients of pediatric PCP's received comprehensive evaluations within 2 weeks of request. Since 2010 he has been the medical director for the New York state-wide pediatric collaborative care program, CAP PC (Child and Adolescent Psychiatry for Primary Care), a regional provider for Project TEACH. The goals of these programs are providing education and consultation support to PCPs with the emphasis on “teaching PCPs to fish” vs. “giving them fish”. This emphasis was chosen so as to maximally address the unmet need for child mental health services—services likely to be in even more demand in a post-COVID world.



Dr. Kaye presents “Child Psychiatry and Pediatrics as BFFs: Why Pediatric Primary Care is Foundational in Addressing the Mental Health Needs of Children and Adolescents” in his Honors Presentation, which takes place during the Simon Wile Symposium on Thursday, October 28 from 3:15 pm–4:00 pm EDT and on demand.

*I am deeply honored to receive the Simon Wile Leadership in Consultation award. In this journey I feel incredibly grateful to have been able to work closely with Victor Fornari, MD, the unofficial co-leader of our group, Michael Scharf, MD, Wanda Fremont, MD, Rachel Zuckerbrot, MD, Carmel Foley, MD, Terri Hargrave, MD, Jim Wallace, MD, Beth Smith, MD, Sourav Sengupta, MD, Nayla Khoury, MD, Eric MacMaster, MD, George Blakeslee, LCSW, Jennifer Petras, MD, and Zoya Popivker, MD, along with David Rubin, MD, Gene Beresin, MD, and the NYS Office of Mental Health. And despite the last year's challenges, I feel very lucky and thank my wife Emily, children Madeline and Eliza, son-in-law Eric, new grandson Alex, Pink Freud comrades in arms, and Pierre our St. Berdoodle—who have been the foundation for it all.*

*Enjoy every sandwich—Warren Zevon*

## AACAP New Distinguished Fellows

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*AACAP congratulates the following members elevated to Distinguished Fellows between October 1, 2020 and October 1, 2021.*

**Victor Carrion, MD**—Stanford, CA  
**Sanghamitra Chowdhury, MD**—Phoenix, AZ  
**Anish Dube, MD, MPH**—Long Beach, CA  
**Michelle Durham, MD, MPH**—Boston, MA  
**Erikka Dzirasa, MD, MPH**—Durham, NC  
**Michael Ellis, DO**—Columbus, GA  
**Elise M. Fallucco, MD**—Jacksonville, FL  
**Dolores Garcia-Moreno, MD**—New York, NY  
**Daniel Gih, MD**—Omaha, NE  
**Gabriella Hangiandreou, MD**—Merrill, WI  
**David Hong, MD**—Palo Alto, CA  
**Fareesh Kanga, MD**—Lexington, KY  
**Shabana Khan, MD**—New York, NY  
**Sapandeep Khurana, MD**—Las Vegas, NV  
**Sarah Klagsbrun, MD**—Katonah, NY  
**Finza Latif, MD**—Washington, DC  
**Karen Lommel, DO, MHA, MS**—  
Greenville, SC  
**Elizabeth Lowenhaupt, MD**—Providence, RI  
**Fauzia Mahr, MD**—Hershey, PA  
**Akeem Marsh, MD**—Ridgewood, NJ  
**Eileen McGee, MD**—Mentor, OH  
**Jennifer McLaren, MD**—Hanover, NH  
**Kishan Nallapula, MD**—Gainesville, FL  
**Raymond J. Pan, MD, MS**—Pittsburgh, PA  
**Sushil Puskur, MD**—Ocala, FL  
**Karam Radwan, MD**—Chicago, IL  
**Jared Ritter, MD**—Holly Hill, FL  
**Donna Roybal, MD**—San Antonio, TX  
**Gisela Sandoval, MD, PhD**—Palo Alto, CA  
**Vinay Saranga, MD**—Apex, NC

**Michael Scharf, MD**—Rochester, NY  
**Mohammad Seleem, MD**—Tanta, Gharbyia  
**Neha Sharma, DO**—Newton, MA  
**Daisy Shirk, DO**—Hummelstown, PA  
**Stephanie Sims, MD**—Jacksonville, FL  
**Arya Soman, MD**—Glen Oaks, NY  
**Brooke H. Spanos, MD**—Los Angeles, CA  
**Beverly J. Stoute, MD**—Atlanta, GA  
**Ayame Takahashi, MD**—Springfield, IL  
**Jeremy Veenstra-VanderWeele, MD**—  
New York, NY  
**Ricardo Vela, MD**—Bedford, MA  
**Marika Wrzosek, MD**—Milwaukee, WI



## AACAP Paramjit Toor Joshi, MD, International Scholar Awards

### Sheyla Cordero, MD

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*AACAP's Paramjit Toor Joshi, MD, International Scholar Awards recognize international physicians who have shown a commitment, early in their careers, for the enhancement of mental health services for children, adolescents, and their families. The award was established in 2015 with a donation from AACAP Past President Paramjit Toor Joshi, MD.*

Sheyla Cordero, MD, is a primary care physician who works for the National Council for Children and Adolescents (CONANI) in the Dominican Republic. I have seen the difficulties that families face while caring for a child or adolescent with psychiatric diseases. I constantly also witness the vulnerability within the public health system that in many cases interfere in the proper care that these patients need and deserve.

I work with special children, all of them in the spectrum of various psychiatric illnesses. The uniqueness of this is that these are not any kind of children but children who have been abandoned by their parents or have been separated from their families due to negligence and /or for all types of abuse because of their psychiatric and special physical conditions. We receive children from all over the country and even from our neighbors on the island of Haiti.

I have outlined my career towards child and adolescent psychiatry, especially in primary care. Attending AACAP's Annual Meeting will give me a broader and more comprehensive view of primary care for children and adolescents with psychiatric conditions.

In this country, we have a shortage of doctors dedicated and fully working in psychiatric field with children and adolescents and we need to have more professionals in this area. I am excited to know that can change and that I can become part of the solution.



*Being able to network and get to know people that can possibly collaborate would also be a huge blessing I am going to finish this personal essay with a quote by the famous children's book writer, Astrid Lindgren "If I have managed to brighten up even one gloomy childhood—then I'm satisfied." This quote somehow envisions how I feel about primary healthcare, if I can help change the public health system in the Dominican Republic and help patients improve their quality of life, then I'll be satisfied.*

## AACAP Paramjit Toor Joshi, MD, International Scholar Awards

### Sharad Phillip, MD

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*AACAP's Paramjit Toor Joshi, MD, International Scholar Awards recognize international physicians who have shown a commitment, early in their careers, for the enhancement of mental health services for children, adolescents, and their families. The award was established in 2015 with a donation from AACAP Past President Paramjit Toor Joshi, MD.*

Sharad Philip, MD, is a 36-year-old post MD (2017) senior resident in community psychiatry services at the National Institute of Mental Health and Neurosciences (NIMHANS) in Bangalore, Karnataka, India; currently, the only legally blind psychiatrist in all of India.

He is currently working as a senior resident in the department of psychiatry, NIMHANS—with research interests in community mental health programs, psychosocial rehabilitation of persons with mental illnesses and developmental disorders, intersection of psychiatry with social sciences, public health aspects of psychiatry, obsessive compulsive and related disorders, addiction medicine, child and adolescent psychiatry, insurance studies and actuarial sciences, and legal aspects of psychiatry.

It's Dr. Philip's hope to create a not for profit to provide mentoring and psychiatric support services for children and adolescents with disabilities who are intellectually able to pursue a career in healthcare.

*Attending the AACAP Annual Meeting affords me the opportunity to network with other psychiatrists who created or run similar programs, to meet those who overcame similar barriers, to meet researchers who are experienced grant writers, and to speak with those who are more senior in outreach to children and adolescents with mental health or other disability challenges. Winning this award gives me hope and will help launch a new dream out of an unexpected challenge to envision the opportunities to create care out of what is currently a void.*



## AACAP Ülkü Ülgür, MD, International Scholar Award

### Yanki Yazgan, MD

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*AACAP's Ülkü Ülgür, MD, International Scholar Award recognizes an AACAP member in the international community who has made significant contributions to the enhancement of mental health services for children and adolescents. The award was established in 2013 with a donation from AACAP member Ülkü Ülgür, MD.*



Yanki Yazgan, MD, a graduate of Ege University Medical School in Izmir, Turkey, received his child and adolescent psychiatry training at the Yale Child Study Center of Yale School of Medicine in New Haven, Connecticut, where he also completed a research training track in early onset neuropsychiatric disorders.

Dr. Yazgan has taught and conducted research at the Marmara University School of Medicine as a full professor. He also holds a clinical/adjunct appointment at the Yale Child Study Center.

Dr. Yazgan's clinical interest is in early-onset neuropsychiatric disorders such as ADHD, autism, Tourette's disorder, obsessive-compulsive disorder, across the lifespan. Medical education and professional development of physicians has been a strong academic interest, utilizing cartoons, arts, and digital shared learning environments. This interest has naturally extended to communication of science to non-academic audiences via press, social media, and podcasts as well as books for lay people about parenting, schools, brain development, and kindness/compassion.

# AACAP's Psychodynamic Faculty Training and Mentorship Initiative

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*Established in 2018, AACAP's Psychodynamic Faculty Training and Mentorship Initiative aims to support and advance psychodynamic psychotherapy training in child and adolescent psychiatry residency programs through faculty development. Under guidance of an assigned AACAP mentor, award recipients identify a problem or area in need of improvement in their child and adolescent psychiatry fellowship program's teaching of psychodynamic psychotherapy and design a project to address the need. They work through the year toward project completion with their assigned mentor, while gaining access to a network of leaders in the specialty. Funded through a generous donation by Samuel and Lucille B. Ritvo Charitable Fund, recipients receive financial assistance toward their registration to attend a day-long project planning session, along with a networking event during the week of AACAP's Virtual Annual Meeting. The program is administered through AACAP's Department of Research, Grants, and Workforce, under the direction of Rachel Ritvo, MD, Marty Drell, MD, and Michael Shapiro, MD.*



**Mentee: Jawed M. Bharwani, MD**

Creighton University  
Mentor: Magdalena Romanowicz, MD  
Mayo Clinic



**Mentee: Sarah Flynn, MD**

University of South Dakota  
Mentor: Ayame Takahashi, MD  
Southern Illinois University



**Mentee: Priya M. Punnoose, MD**

Children's National Health System/George Washington University School of Medicine  
Mentor: John P. Glazer, MD  
Boston Children's Hospital



**Mentee: Meghan M. Schott, DO**

Children's National Health System/George Washington University School of Medicine  
Mentor: Arden D. Dingle, MD  
University of Nevada Reno





# AACAP's Psychodynamic Faculty Training and Mentorship Initiative *(continued)*

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**Mentee: Malak S. Rafla, MD**  
Cambridge Health Alliance/Harvard Medical School  
Mentor: Dorothy E. Stubbe, MD  
Yale Child Study Center



**Mentee: Sarah D. Sicher, MD**  
Los Angeles County (LAC) and University of Southern California (USC)  
Medical Center/Keck School of Medicine  
Mentor: Mali A. Mann, MD  
Stanford University



## Members of the 100% Club

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*The following child and adolescent psychiatry residency directors recruited all of their residents to be members of AACAP. Since child and adolescent psychiatry residents are the future of both AACAP and the field of child and adolescent psychiatry, AACAP acknowledges and warmly thanks the following residency directors for their support.*

**Cambridge Health Alliance—**

Shireen F. Cama, MD

**Carilion Clinic- Virginia Tech—**

Felicity Adams-Vanke, MD

**Central Michigan University—**Nikita Roy, MD

**Children's Hospital Medical Center of Akron/  
NEOCOM—**Sumru A. Blige-Johnson, MD

**Children's Hospital of Philadelphia—**

Wanjiku Njoroge, MD

**Cincinnati Children's Hospital Medical  
Center—**Brian Perry Kurtz, MD

**Detroit Medical Center/Wayne State  
University—**Rebecca L. Klisz-Hulbert, MD

**Duke University Hospital—**

Tara Chandrasekhar, MD

**East Carolina University—**

John M. Diamond, MD

**Massachusetts General Hospital/McLean  
Hospital—**David H. Rubin, MD

**McGaw Medical Center of Northwestern  
University/Anne & Robert H. Lurie  
Children's Hospital—**Julie M. Sadhu, MD

**Medical College of Georgia at Augusta  
University—**Sandra B. Sexson, MD

**Medical University of South Carolina—**  
Alvin L. Lewis, MD

**Morehouse School of Medicine—**  
Sarah Y. Vinson, MD

**New York Presbyterian Hospital  
(Columbia)—**Rebecca L. Rundleman, MD

**New York University Langone Health—**  
Aaron O. Reliford, MD

**Oregon Health & Science University—**  
Craig Todd Usher, MD

**Pine Rest Christian Mental Health  
Services—**Heide H. Rollings, MD

**Ponce Health Sciences University—**  
Nuria A. Sabate, MD

**Prisma Health/University of South Carolina  
SOM Greenville (Greenville)—**  
Megan W. Zappitelli, MD

**Providence Sacred Heart Medical Center—**  
Erik K. Loraas, MD

**Samaritan Health Services-Corvallis—**  
Benjamin R. Lafferty, MD

**Sidney Kimmel Medical College at Thomas  
Jefferson University/TJUH—**  
James F. Luebbert, MD

**Southern Illinois University—**  
Ayame Takahashi, MD

**Stanford University—**Shashank V. Joshi, MD

**Texas Tech University Health Sciences Center  
at Odessa/Permian Basin—**  
Shailesh B. Jain, MD, MPH

**Texas Tech University Health Science Center  
El Paso—**Cecilia C. De Vargas, MD

**Tulane University—**Myo Thwin Myint, MD

**UCLA David Geffen School of Medicine/  
UCLA Medical Center—**  
Misty C. Richards MD, MS

**University at Buffalo—**  
Sourav Sengupta, MD, MPH

**University of Arkansas—**Nihit Kumar, MD

**University of California Davis—**  
Anne B. McBride, MD

**University of Florida—**Mariam Rahmani, MD

**University of Florida Jacksonville—**  
Elise M. Fallucco, MD



## Members of the 100% Club (*continued*)

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**University of Kansas School of Medicine—**

Sharon E. Cain, MD

**University of Massachusetts—**

Brian M. Skehan, MD, PhD

**University of Mississippi Medical Center—**

Phillip T. Merideth, MD, JD

**University of New Mexico School of  
Medicine—**

Kristina Sowar, MD

**University of South Florida Morsani—**

Saundra Stock, MD

**University of Tennessee—**

Andres Ramos Henriquez, MD

**University of Texas at Austin Dell Medical  
School—**

Gabriel R. Garza, MD

**The University of Vermont Medical Center—**

Maya Strange, MD

**University of Washington—**

Ray Chih-Jui Hsiao, MD

**Vanderbilt University—**

Edwin D. Williamson, MD

**Wake Forest University School of Medicine—**

Naomi D. Leslie, MD

**Washington University in St. Louis/BJH/  
SLCH Consortium—**

Timothy E. Spiegel, MD

**Yale Child Study Center—**

Dorothy E. Stubbe, MD

**Donald and Barbara Zucker School of  
Medicine at Hofstra/Northwell—**

Richard R. Pleak, MD

## AACAP Marilyn B. Benoit, MD, Child Maltreatment Mentorship Award

### Joshua Russell, MD

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Dr. Russell's project is entitled "Strengthening the Front Lines: A Child Welfare Program for Families and Multidisciplinary Professionals"

*The AACAP Marilyn B. Benoit, MD, Child Maltreatment Mentorship Award was made possible by a generous donation from Lisa Yang, MBA, in honor of past AACAP president, Marilyn B. Benoit, MD. This award provides an opportunity for recipients and mentors to design a project over 12–16 weeks focusing on child welfare, foster care, and/or child maltreatment in order to raise awareness, recognize leaders, and create a community of knowledgeable teachers who will become leaders in these fields.*

Joshua Russell, MD, is an assistant professor of psychiatry at the University at Buffalo (UB) Jacobs School of Medicine and Biomedical Sciences in Buffalo, NY. He completed his undergraduate education at UB with a major in psychology. He then completed medical school, general psychiatry residency, and child psychiatry fellowship through UB. Upon completion of fellowship training in 2017, Dr. Russell joined the faculty of UB's Department of Psychiatry. During his fellowship training, Dr. Russell created resources for child welfare workers related to the foster care system. Dr. Russell has established relationships with multiple foster care agencies in Western New York and works with dozens of children and families within the foster care system through his outpatient practices.

Dr. Russell's project entitled "Strengthening the Front Lines: A Child Welfare Program for Families and Multidisciplinary Professionals" aims to enhance education and training for families and professionals working with children in the foster care system via multiple channels, including public lecture series, professional trainings, and on-line educational resources. His mentor, Dr. Terry Lee, is a child and adolescent psychiatrist and clinical associate professor at the University of Washington. Dr. Lee is first author of AACAP's Practice Parameter for the Assessment and Management of Youth Involved with the Child Welfare System.

*My experience through the Marilyn B. Benoit, MD, Child Maltreatment Mentorship Award, and the guidance of my mentor Dr. Lee, have been incredibly enriching. Not only have I had opportunities to teach (a passion of mine), but I have exponentially grown my knowledge of using different forms of media to extend my educational reach.*



## AACAP 2021 Systems of Care Special Program Clinical Projects

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*The 2021 Systems of Care Special Program, sponsored by AACAP's Community-Based Systems of Care Committee, provides child and adolescent psychiatrists and other mental health providers with the knowledge, skills, and attitudes necessary to better serve youth under a system of care and community-based model. The Systems of Care Special Program Clinical Projects, funded by the Substance Abuse and Mental Health Services Administration's Center for Mental Health Services and the Technical Assistance Network, offer selected residents and fellows a mentorship opportunity with Systems of Care Committee members and other colleagues in the creation of a poster related to systems of care topics.*

**Tashalee R. Brown, MD, PhD**—Washington University

**Chelsea Cosner, MD**—University of Maryland Medical Center/Sheppard Pratt

**Christina Guest, MD**—Los Angeles County & University of Southern California Medical Center

**Chain Szachtel, MD**—Zucker School of Medicine at Hofstra/Northwell

**Ladoris L. Warren, MD, MBA, MS**—University of Tennessee Health Sciences Center

## AACAP Beatrix A. Hamburg, MD, Award for the Best New Research Poster by a Child and Adolescent Psychiatry Resident

Tea Rosic, MD

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Dr. Tea Rosic presents the poster “Youth Receiving Opioid Agonist Treatment: Exploring Differences and Similarities to Adult Patients in a Canadian Study” which is available to view at any time during the Annual Meeting.

*The AACAP Beatrix A. Hamburg, MD, Award for the Best New Research Poster by a Child and Adolescent Psychiatry Resident was established in 1996 through a grant from the Greenwall Foundation and the Klingenstein Third Generation Foundation in honor of Beatrix A. Hamburg, MD, former president of the William T. Grant Foundation and an AACAP Life Fellow. This award honors her commitment to the education and development of young investigators by recognizing the best new research poster by a child and adolescent psychiatry resident and AACAP member.*

Tea Rosic, MD, is a child and adolescent psychiatry resident at the University of Ottawa and Children's Hospital of Eastern Ontario in Ontario, Canada. Dr. Rosic completed her medical degree and general psychiatry training at McMaster University where she developed a passion for clinical epidemiology and its applications in advancing mental health care. She is enrolled in the Clinician Investigator Program and is completing a PhD in Health Research Methodology at McMaster University alongside her clinical training. Dr. Rosic's research focuses on the impact and management of psychiatric comorbidity in patients with substance use disorders. Together through her clinical work and research, she is committed to improving care for youth experiencing substance use disorders and their families.

*I am truly honored to receive this award and grateful to AACAP for providing a platform for trainees to share their research. I am fortunate to be part of a dedicated research community committed to changing the trajectory of the opioid crisis in North America. I am endlessly thankful for the support of my mentor and PhD supervisor, Dr. Zena Samaan.*



AACAP John F. McDermott, MD, Assistant Editor-in-Residence for the  
*Journal of the American Academy of Child and Adolescent Psychiatry*

Anne B. McBride, MD

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*The John F. McDermott, MD, Assistant Editor-in-Residence position provides the opportunity for an early-career child and adolescent psychiatrist to join the editorial team of the Journal of the American Academy of Child and Adolescent Psychiatry (JAACAP) for two years. Working closely with the editor-in-chief, the assistant editor-in-residence acquires an intimate understanding of the editorial processes behind the production of the Journal. The long-term goal of this position is to foster the professional growth of child and adolescent psychiatrists interested in the editorial process. The award was established in 2006 in honor of the late John F. McDermott, Jr., MD, JAACAP editor-in-chief, 1988–1997.*

Anne B. McBride, MD, obtained her BA in psychology from the University of California, Los Angeles, and received her MD from the University of California, Davis (UCD) School of Medicine. She completed her general psychiatry residency, child and adolescent psychiatry fellowship, and forensic psychiatry fellowship at the UCD Medical Center. During this time, she focused on the intersection between child and adolescent psychiatry and the law. Currently, Dr. McBride is an associate professor of clinical psychiatry at the UCD Department of Psychiatry and Behavioral Sciences. She is the program director of the Child and Adolescent Psychiatry Fellowship at UCD. Her primary clinical work is at the Sacramento County Mental Health Treatment Center where she evaluates minors in psychiatric crisis on the Children's Intake Stabilization Unit. Her primary forensic work involves consultation and evaluation of juveniles involved in the juvenile justice system.



Dr. McBride speaks in Workshop 35: *How to Get Published: Tips, Strategies, and Consultation From JAACAP and JAACAP Connect* on Friday, October 29, 3:00 pm–6:00 pm.

*I am grateful to AACAP, JAACAP, and the McDermott family for the outstanding opportunity as the John F. McDermott, MD, Assistant Editor-in-Residence. I am passionate about education, and this position has already advanced my ability to teach and collaborate with both new and seasoned authors. The learning opportunities have already been exceptional and I look forward to continued growth and development throughout the position and beyond.*

AACAP Jerry M. Wiener, MD, Resident Member of Council  
Evelyn Ashiofu MD, MPH

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*The AACAP Jerry M. Wiener, MD, Resident Member of Council honors former AACAP President Jerry M. Wiener, MD (1987–1989) and author of the Textbook of Child and Adolescent Psychiatry. The resident participates in the governance of AACAP by attending Council meetings for two years (2021–2023). This position encourages those new to the field of child and adolescent psychiatry to become familiar with how AACAP functions as well as the overall governance of the association and in turn gives resident members of AACAP a voice on Council.*

Evelyn Ashiofu MD, MPH, was born in Houston, TX. She attended the University of Texas at Austin where she received her BS in public health. Dr. Ashiofu matriculated into medical school at UT School of Medicine at San Antonio where she completed the MD/MPH program. She went on to complete her general psychiatry training at the University of Texas Southwestern where she created several initiatives aimed at increasing the number of underrepresented minority residents at UTSW. Dr. Ashiofu's dedication to topics regarding diversity and inclusion led her to becoming an APA Diversity Leadership Fellow. Upon graduation from her general psychiatry program, she was awarded the John F. Hickman Outstanding Resident in Psychiatry Award. Dr. Ashiofu is a first-year child and adolescent psychiatry fellow at New York Presbyterian-Columbia/Cornell in New York. Her interests include diversity and inclusion in academic medicine, adolescent substance use, school-based mental health, transitional age youth populations, and social media as it pertains to youth mental health, and its potential role in decreasing mental health stigma.

*I feel so honored to have been selected as the incoming Jerry M. Wiener, MD, Resident Member of Council. I could not have received such an honor without the support and encouragement of my family, friends, and mentors. I look forward to serving on the Council where I can help in continuing to amplify the voices of students and trainees in AACAP. Thank you AACAP for such an amazing opportunity.*





2018 AACAP Junior Investigator Award, supported by AACAP, Pfizer Inc., Supernus Pharmaceuticals, Inc., and Sunovion Pharmaceuticals Inc.

Heather Marie Joseph, DO

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*The AACAP Junior Investigator Award, supported by AACAP and Industry Sponsors, offers an award of up to \$30,000 a year for two years for child and adolescent psychiatry junior faculty. Beginning in 2009, this program is intended to facilitate basic or clinical research relevant to our understanding, treatment, and prevention of child and adolescent mental health disorders.*

Heather Marie Joseph, DO, is an assistant professor of psychiatry and pediatrics at the University of Pittsburgh. She completed her undergraduate education at The Ohio State University, attended medical school at Ohio University College of Osteopathic Medicine, and completed both psychiatry residency and CAP fellowship at the University of Pittsburgh Medical Center's Western Psychiatric Hospital. During her residency training, Dr. Joseph completed the Psychiatry Research Pathway, where she focused her research on paternal ADHD and parent-child interactions with preschool-aged children at familial risk for ADHD, funded by an AACAP Pilot Research Award for Attention Disorders, supported by AACAP's Elaine Schlosser Lewis Fund. Subsequently, as a T32 postdoctoral fellow, she was awarded the AACAP Junior Investigator Award and Klingenstein Third Generation Fellowship in ADHD to support her research seeking to identify infant and toddler cognitive and behavioral precursors of the development of ADHD. This work was crucial to her successful application for a NIMH K23 Mentored Career Development Award.



Dr. Joseph presents "Symposium 9: Parental ADHD and Their Offspring From the Perinatal Period to Early Childhood" on Tuesday, October, 26, from 12:00 pm–12:45 pm.

*I want to express my sincere gratitude to AACAP as well as my research mentors Drs. Brooke Molina, PhD, Jana Iverson, PhD, and Erik Thiessen, PhD, for their supports that made it possible to launch my career as a physician-investigator.*

# AACAP Pilot Research Awards for General Psychiatry Residents, supported by Arbor Pharmaceuticals, LLC and Pfizer Inc.

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*The AACAP Pilot Research Awards aim to reduce the shortage in pediatric mental health researchers, support early career investigators at a critical stage, and encourage future careers in child and adolescent psychiatry research by providing up to \$15,000 to support a one-year mentored pilot research project.*

## 2019 Recipient:



**Jack L. Turban, MD, MHS**

Massachusetts General Hospital

Project: *Access to Gender-Affirming Hormones during Adolescence and Mental Health Outcomes Among Transgender Adults*

Mentors: Timothy E. Wilens, MD, and Alex S. Keuroghlian, MD, MHS



AACAP Pilot Research Awards for General Psychiatry Residents,  
supported by Arbor Pharmaceuticals, LLC, Supernus Pharmaceuticals,  
Inc., and Sunovion Pharmaceuticals Inc.

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2020 Recipient:



**Alexandra L. Bey, MD, PhD**

Duke University

Project: *Identifying Networks Underlying Sleep Disruption in Autism Spectrum Disorder Mouse Models*

Mentor: Kafui Dzirasa, MD PhD

## AACAP Pilot Research Awards for Junior Faculty and Child and Adolescent Psychiatry Fellows, supported by AACAP

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### 2018 Recipient:



#### **Isha R. Jalnapurkar, MD**

University of Massachusetts Medical School

Project: *Biological and Psychosocial Correlates of Social Cognition in Adolescents with Autism Spectrum Disorder (ASD)*

Mentors: Jean Frazier, MD, and David M. Cochran, MD, PhD

### 2019 Recipients:



#### **Chuan Mei Lee, MD, MA**

University of California, San Francisco

Project: *Impact of the COVID-19 Pandemic on Mental Health Care in Pediatric Primary Care Settings: A Focus Group Analysis*

Mentors: Christina Mangurian, MD, MAS, and Petra Steinbuchel, MD



#### **Petya D. Radoeva, MD, PhD**

Bradley Hospital, Brown University

Project: *Pilot Study: White Matter Microstructural Correlates of Depressive Symptoms in Children and Adolescents with ASD*

Mentor: Daniel P. Dickstein, MD



#### **Emily Turner Wood, MD, PhD**

University of California, Los Angeles

Project: *Behavioral and Neural Mechanisms of Trauma Symptomatology in youth with Autism Spectrum Disorder*

Mentors: Mirella Dapretto, PhD, and Shulamite Green, PhD



#### **Eunice Yuen, MD, PhD**

Yale University

Project: *Biological Action of Ketamine in Developing Neurons: Hope in Treating Maternal Depression to Reduce Children Mood Disorders*

Mentor: Flora M. Vaccarino, MD

### 2020 Recipient:



#### **Shinn Yi Chou, MD, PhD**

University of Pittsburgh

Project: *Cell-Type-Specific Type 1 Cannabinoid Receptor Distribution Across the Human and Nonhuman Primate Cortex*

Mentor: Robert Sweet, MD



# AACAP Pilot Research Awards for Attention Disorders, supported by AACAP's Elaine Schlosser Lewis Fund

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*The AACAP Pilot Research Award for Attention Disorders, supported by AACAP's Elaine Schlosser Lewis Fund, encourages junior faculty and child and adolescent psychiatry fellows to pursue research careers in the area of attention disorders. Established in 2001, recipients receive grants of \$15,000 for their pilot research. The Elaine Schlosser Lewis Fund is named in memory of Elaine Schlosser Lewis, a special education teacher, child advocate, and mother of AACAP member, Owen Lewis, MD.*

## 2019 Recipient:



**Alecia Vogel-Hammen, MD, PhD**

Washington University in St. Louis

Project: *Preschool-Age Observations of Dysregulated Positive Affect and Parent-Reported Dysregulation in Positive Affect Predict Overall Adolescent Emotion Dysregulation*

Mentor: Joan L. Luby, MD

## 2020 Recipients:



**Alison M. Duncan, MD**

Boston University/Boston Medical Center

Project: *Understanding Parent-Child Communication in the Context of ADHD*

Mentor: Andrea Spencer, MD



**Rana Elmaghraby, MD**

Mayo Clinic

Project: *Pharmacotherapy of ADHD and the Risk of New-Onset Psychosis in a Geographically Defined Cohort of Youth*

Mentors: William V. Bobo, MD, MPH, and Matej Markota, MD

## AACAP Educational Outreach Program for General Psychiatry Residents, supported by AACAP's Campaign for America's Kids

---

*The AACAP Educational Outreach Program provides the opportunity for general psychiatry residents to receive a formal overview of child and adolescent psychiatry, establish mentor relationships with child and adolescent psychiatrists, and experience AACAP's Annual Meeting. Supported by the AACAP Campaign for America's Kids, recipients receive a stipend of \$200 of financial assistance to experience AACAP's Annual Meeting.*

**Asim Al-Omari, MBBS**—University of Missouri Hospital

**Huseyin Bayazit, MD**—Texas Tech University Health Science Center

**Yuri Cheung, MD**—University of Texas Rio Grande Valley

**Chelsea Cosner, MD**—University of Maryland / Sheppard Pratt

**Alice Doong, DO**—St. Mary Mercy Hospital

**Mahmoud Dweik, MD**—SUNY Downstate

**Caitlyn Fitzgerald, MD**—Gateway Community Service Board

**Hamiyet Ipek, MD**—Elmhurst Hospital Center

**Madeline Jansen, MD**—Washington University

**Yunichel Joo, MD**—Temple University Hospital

**Elizabeth Kim, DO**—Lehigh Valley Health Network

**Benson Ku, MD**—Emory University



## AACAP Educational Outreach Program for General Psychiatry Residents, supported by the AACAP Life Members Fund

---

*The AACAP Educational Outreach Program provides the opportunity for general psychiatry residents to receive a formal overview of child and adolescent psychiatry, establish mentor relationships with child and adolescent psychiatrists, and experience AACAP's Annual Meeting. Established in 2010 and supported by AACAP's Life Members Fund, recipients also engage with AACAP Life Members by attending a Life Members Sponsored Session. Recipients receive a stipend of \$200 for completing programming requirements at AACAP's Annual Meeting.*

**James H. Lee, MD**—University of Washington

**Brian Lu, MD**—Henry Ford Allegiance Health

**Chidinma G. Okani, MD**—Yale University

**Ashley J. Pettaway, MD**—University of Virginia

**Ariella Shayani, MD, MPH**—University of Massachusetts

**German Velez, MD**—Boston University / Boston Medical Center

**Ana Zacarkim Pinheiro dos Santos, MD**—Rutgers University

## AACAP Educational Outreach Program for Child and Adolescent Psychiatry Residents, supported by AACAP's Campaign for America's Kids

---

*The AACAP Educational Outreach Program provides the opportunity for child and adolescent psychiatry residents to receive a formal overview of child and adolescent psychiatry, establish mentor relationships with child and adolescent psychiatrists, and experience the AACAP Annual Meeting. Supported by the AACAP Campaign for America's Kids, recipients receive a \$200 stipend upon completion of the programming requirements in conjunction with the AACAP Annual Meeting.*

**Emily M. Asher, MD**—University of California, San Francisco

**Stephanie L. Brennan, MD**—Children's Hospital of Philadelphia

**Raheel Chaudhry, MD**—Baylor College of Medicine

**Chayanin Foongsathaporn, MD**—Tufts Medical Center

**Joseph D. Gallego, MD**—Albert Einstein College of Medicine/Montefiore Medical Center

**Khushbu Joshi, MD**—Alpert Medical School of Brown University

**Vandana L. Kumar, MD**—SUNY Downstate Medical Center

**Brian H. Levins, MD**—Medical College of Georgia at Augusta University

**Sarah Miller, MD**—Children's National Medical Center





## AACAP Educational Outreach Program for Child and Adolescent Psychiatry Residents, supported by the AACAP Life Members Fund

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*The AACAP Educational Outreach Program provides the opportunity for child and adolescent psychiatry residents to receive a formal overview of child and adolescent psychiatry, establish mentor relationships with child and adolescent psychiatrists, and experience AACAP's Annual Meeting. Established in 2010 and supported by AACAP's Life Members Fund, recipients also engage with AACAP Life Members by attending a Life Members Sponsored Session. Recipients receive a stipend of \$200 for completing programming requirements at AACAP's Annual Meeting.*

**Ashraf B. Muzwagi, MD**—University of Florida—Gainesville

**Destiny Pegram, MD**—University of Massachusetts Medical School

**Samira Rabbanifar, MD**—Montefiore Medical Center

**Ritvij M. Satodiya, MD**—New York University

**Angelo A. Sica, MD**—Hackensack Meridian Jersey Shore University Medical Center



## AACAP Educational Outreach Program for Child and Adolescent Psychiatry Residents, supported by AACAP's John E. Schowalter, MD, Endowment Fund

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*The AACAP Educational Outreach Program, supported by AACAP's John E. Schowalter, MD, Endowment Fund provides the opportunity for one child and adolescent psychiatry resident to receive a formal overview of child and adolescent psychiatry, establish mentor relationships with child and adolescent psychiatrists, and experience AACAP's Annual Meeting. The top scoring recipient receives a stipend of \$200 of financial assistance to experience AACAP's Annual Meeting. The John E. Schowalter, MD, Endowment Fund was established in 2014 with a generous endowed gift from Frank A. Roberto, MD, to honor his Yale mentor, John E. Schowalter, MD.*

**Zeeshan N. Mansuri, MD, MPH**—Boston Children's Hospital/Harvard Medical School



## AACAP Life Members Mentorship Grants for Medical Students, supported by the AACAP Life Members Fund

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*The AACAP Life Members Mentorship Grants for Medical Students provides the opportunity for medical students to receive a formal overview of child and adolescent psychiatry, establish mentor relationships with child and adolescent psychiatrists, and experience the AACAP Annual Meeting. Established in 2011 and supported by the AACAP Life Members Fund, recipients also engage with AACAP Life Members by attending the Life Members Clinical Perspectives and the Life Members Mentorship Program. Recipients receive a stipend of \$200 for completing programming requirements at AACAP's Annual Meeting.*

**Uzoma Ahirakwe, MS**—Eastern Virginia Medical School

**Kaitlyn N. Blair, BS**—Philadelphia College of Osteopathic Medicine

**Casey R. Cai, BA, BS**—University of Texas Southwestern Medical Center

**Jaydee Choompoo, EdS**—New York University Long Island School of Medicine

**Natalie Z. Eichner, PhD**—Penn State University

**Sarah L. Fracci, BS**—Loyola University Chicago

**Brittany D.K. Gratreak, BS**—University of Arizona

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**Tamzin Kaiser, BS**—University of Miami

**Susheel K. Khetarpal, BS**—University of Pittsburgh

**Chioma Onyejiaka, BS**—University of Texas Medical Branch at Galveston

**Alexandra C. Palmer, BA**—University of Massachusetts

**Kira Panzer, BS**—Duke University

**Cara S. Popeski, BS**—University of Arizona

**Bharat Sanders, BS**—Medical College of Georgia

**Samip Sheth, MB**—Georgetown University

**Jin-hyuk A. Song, BS**—Medical College of Georgia

**Nathen Spitz, BA**—University of Iowa

**Brigette T. Torrise, BA**—University of Virginia

**Phillip Yang, MA**—University of Texas Health Science Center at San Antonio

## AACAP Jeanne Spurlock, MD, Medical Student Research Fellowship in Substance Abuse and Addiction, supported by the National Institute on Drug Abuse (NIDA), and AACAP's Campaign for America's Kids

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*The AACAP Jeanne Spurlock, MD, Medical Student Research Fellowship in Substance Abuse and Addiction, supported by the National Institute on Drug Abuse (NIDA), is named in honor of Jeanne Spurlock, MD, in recognition of her lifetime of opening doors for colleagues from diverse backgrounds and fostering career advances. The summer fellowships encourage outstanding minority students to pursue careers in substance abuse and addiction research in child and adolescent psychiatry. The fellowships are administered through AACAP's Department of Research, Grants, and Workforce, AACAP's Substance Use Committee, under the direction of Garrett Sparks, MD, and Amy Yule, MD, along with AACAP's Diversity and Culture Committee, under the direction of Cheryl Al-Mateen, MD, and Lisa Cullins, MD.*



**Ashley E. Cantu-Weinstein, BA**

Case Western Reserve University School of Medicine

Project: *Bridging the Gap between Healthcare and High School: A Qualitative Study on Teacher Support for Adolescents Experiencing Parental Substance Abuse*

Mentor: Molly M. Wimbiscus, MD, Cleveland Clinic Foundation



**Joanne Ha, BA**

Boston University School of Medicine

Project: *Examination of the Location of Health Care Utilization Among Adolescents With Substance Use Disorders*

Mentor: Amy Yule, MD



**Shahrzad Hassanbeigi Daryani, BA**

Rush Medical College

Project: *A Descriptive Report on Internet Access Points from Smartphones of Youth Experiencing Homelessness*

Mentor: Niranjana S. Karnik, MD, PhD



**Dona A. Kiriella, BS**

The City College of New York (CUNY) School of Medicine

Project: *A Descriptive Report on Geospatial Locations from Smartphones of Youth Experiencing Homelessness*

Mentor: Niranjana S. Karnik, MD, PhD, Rush University Medical Center



**Emonii Robinson, BA**

University of Illinois College of Medicine

Project: *Avoidance Symptoms and Social Relationships in Youth with Substance Use Disorders and Trauma Exposure*

Mentor: Kelley A Volpe, MD



## AACAP Summer Medical Student Fellowship in Child and Adolescent Psychiatry, supported by AACAP's Campaign for America's Kids, Break the Cycle Initiative

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*The AACAP Summer Medical Student Fellowships, supported by AACAP's Campaign for America's Kids, offer an opportunity for medical students to explore a career in child and adolescent psychiatry, gain valuable work experience, and meet leaders in the field of child and adolescent psychiatry. The fellowship opportunity provides up to \$3,500 for 12 weeks of clinical or research training under a child and adolescent psychiatrist mentor. The fellowships are administered through AACAP's Department of Research, Grants, and Workforce, AACAP's Training and Education Committee, under the direction of Sansea L. Jacobson, MD, and A. Lee Lewis, MD, along with AACAP's Committee on Medical Students and Residents, under the direction of Alissa Hemke, MD and Cordelia Ross, MD.*



**Caroline J. Brumley, BS**

University of Minnesota

Project: *Sensory Processing Profiles and Response to Cognitive Training in Autism Spectrum Disorder*

Mentor: Suma Jacob, MD, PhD



**Yang Cai, BS, MEd**

Case Western Reserve University School of Medicine

Project: *The Impact of Psychiatric Comorbidities in Transition of Care for Adolescents with Epilepsy*

Mentor: Tatiana Falcone, MD, MPH, Cleveland Clinic



**Vincent J. Cali, BA, MEd**

Albert Einstein College of Medicine

Project: *The Role of Peripheral Inflammation and Striatal Glutathione (GSH) as Predictors for Depression in Adolescents*

Mentor: Vilma Gabbay, MD



**Gregory Chen, BS**

Campbell University

Project: *Exploring Stimulant-Induced Raynaud's Phenomenon: A Review of Literature*

Mentor: Muhammad Zeshan, MD, Rutgers New Jersey Medical School



**Zachary J. Friedrich, BS**

New Jersey Medical School

Project: *Brain Network Correlates of Inter-individual Variability in Preschoolers with Autism*

Mentor: Adriana Di Martino, MD, Child Mind Institute

**AACAP Summer Medical Student Fellowship in Child and Adolescent Psychiatry, supported by AACAP's Campaign for America's Kids, Break the Cycle Initiative (continued)**

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**Hallie Geller, BA**

University of Massachusetts Medical School

Project: *Comparison of Primary Humoral Immunodeficiencies in Autism Spectrum Disorder (ASD) and Other Pediatric-Onset Psychiatric Disorders*

Mentor: Kyle Allen Williams, MD, PhD, Massachusetts General Hospital/Harvard Medical School



**Michael Jayson, BS**

Nova Southeastern University College of Osteopathic Medicine

Project: *Motor Development in Infants and Toddlers at High or Low Risk of ADHD*

Mentor: Heather Marie Joseph, DO, University of Pittsburgh



**Jacqueline Lawson, BA**

NYU Grossman School of Medicine

Project: *Assessing the Effect of Youth Involvement in Adverse Event Reporting during a Clinical Trial of Cannabidiol for Autistic Youth with Complex Verbal Language*

Mentor: Francisco Xavier Castellanos, MD, NYU Langone Child Study Center



**Margot R. Lurie, BS**

New York Medical College

Project: *Presentation of Patients With Eating Disorders to the Boston Children's Hospital Emergency Department During COVID-19 Pandemic*

Mentor: Zheala Qayyum, MD, Boston Children's Hospital/Harvard University



**Juliette L. Romeus, BS**

University of Florida College of Medicine

Project: *Metabolic Syndrome in Children Diagnosed with Autism on Antipsychotic Medication: Prevalence, Monitoring, and Nutritional Guidance*

Mentor: Mariam Rahmani, MD, University of Florida

Ms. Romeus' award was partially funded by the Greater Worcester Community Foundation.



# NIDA-AACAP Resident Training Award in Substance Use Disorders, supported by the National Institute on Drug Abuse (NIDA)

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*The NIDA-AACAP Resident Training Award in Substance Use Disorders, supported by the National Institute on Drug Abuse (NIDA), offers up to \$10,000 for one year for project support and \$2,000 for mentor support.*

*This award aims to encourage general and child and adolescent psychiatry residents to pursue careers in the field of child and adolescent substance use and/or addiction treatment. This award is administered through AACAP's Research, Grants, and Workforce Department and the AACAP Substance Use Committee, under the direction of Garrett M. Sparks, MD, and Amy Yule, MD.*



**Aditya Sareen, MD**

BronxCare Health System/Icahn School of Medicine at Mount Sinai  
Project: *Management, Awareness and Recognition of Cannabis Use Disorder in Children and Adolescents Among Psychiatry Residents, Child and Adolescent Psychiatry Fellows and Addiction Fellows (MARCUS-CAP Study)*  
Mentor: Rachel Schoolcraft, MD



**Pooja Sarkar, DO**

University of Massachusetts Medical School—Baystate  
Project: *Recognizing Risk Factors for Adolescent Substance Use and Integrating Evidence-Based Screening: An Implementation Project for Trainees and Providers*  
Mentor: Peter Friedman, MD, MPH



## Acknowledgments

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Marnette Stone  
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